



*The Frederick Senior Center
FriendShip Café is an extension of the
food service program offered by the
Frederick County Department of Aging.*

*Profits from this cafe support Frederick
County Department of Aging Nutrition
Services for Older Adults.*

The FSC FriendShip Café
accepts cash, check,
and credit cards.

Frederick Senior Center
1440 Taney Avenue
Frederick, MD 21702
301.600.1048 or 301.600.3525
www.FrederickCountyMD.gov/aging
FrederickSeniorCenter@FrederickCountyMD.gov

FSC FriendShip Café

Light fare
In A Friendly Atmosphere
For All Ages



MENU

Wednesday—Friday
11am-12noon
12:30pm-1:00pm

301.600.1048



SANDWICHES

On choice of bread; white, wheat, rye.
Add lettuce, tomato, onion, mayo,
catsup, and mustard.
Cheese is 45¢ extra

Chicken Salad 3.00

Tuna Salad 3.00

Turkey Sandwich 3.00

Ham Sandwich 3.00

1/4 lb Frank 3.00

Hamburger 3.00

SIDES

Yogurt .75

Selection may vary

Chips .75

Selection may vary

Side Salad 1.00

Tossed salad with choice of dressing

Chef's Salad 4.00

Entrée portion of tossed greens, meat & cheese

Salad Plate 5.00

Entrée portion of tossed greens with
a scoop of chicken or tuna salad

SOUP OF THE DAY

A rotating menu of made from scratch soups
including Chicken Noodle, Beef Barley, Beef
Vegetable, Potato Soup, Chili, and more. Daily
selection will vary. See the menu board for
today's featured soup.

Bowl 3.00

Cup 2.00

DESSERT

See the menu board for additional selections.

Ice Cream Cup .50

Cookie .75

Freshly baked

BEVERAGES

Soda 1.00

Bottled Ice Tea 1.00

Bottled Juice 1.00

Coffee .50

Hot Tea .50

Milk .50

EXPRESS ORDER

Please circle your selections for faster service.

NAME-

Item	Choice	Choice
Chicken Salad Sandwich	White, Wheat, Rye	Lettuce, Tomato, Onion Cheese- 45¢ extra
Tuna Salad Sandwich	White, Wheat, Rye	Lettuce, Tomato, Onion Cheese- 45¢ extra
Sliced Turkey Sandwich	White, Wheat, Rye	Lettuce, Tomato, Onion Cheese- 45¢ extra
Sliced Ham Sandwich	White, Wheat, Rye	Lettuce, Tomato, Onion Cheese- 45¢ extra
Hot Dog on Bun		Lettuce, Tomato, Onion Cheese- 45¢ extra
Hamburger on Bun		Lettuce, Tomato, Onion Cheese- 45¢ extra
Side Salad		
Chef's Salad		
Salad Plate	Tuna Chicken	
Chips		
Soup of The Day	Bowl or Cup	
Ice Cream Cup		
Cookie		